

GETTING STARTED

Get started with Claude Cowork

Sign in to the Claude desktop app with your MTc account and start your first Cowork task.

Before you start

Wait until you receive your **invitation to Claude** by email. Haven't received it? Ask Tjeerd.

Two ways to use Claude

Desktop app (recommended): the best experience, and the place where you can use Cowork. Follow the steps below.

Browser: go to claude.ai, enter your @mtc.nl email address and click **Continue with SSO**.

How to read this guide

Every screenshot has **red markers** showing exactly where to click. When a screenshot has more than one marker, follow the order of the numbers.

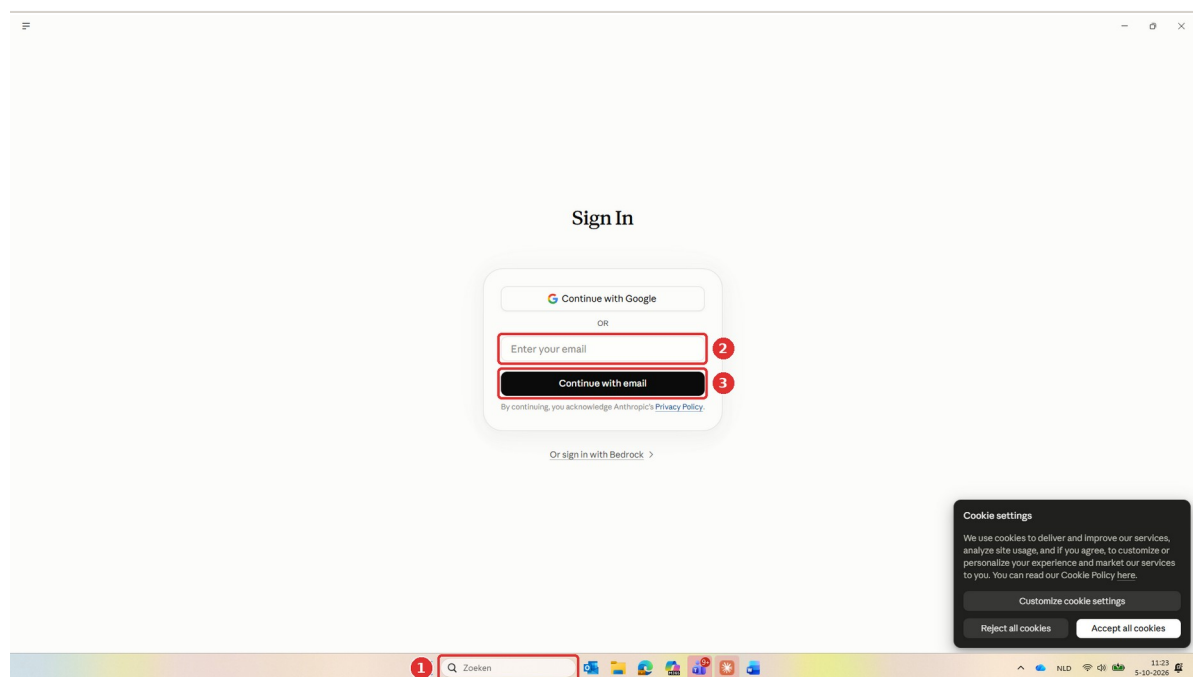
STEP BY STEP

Sign in to the Claude desktop app

1

Click the **Zoeken** (Search) bar in the taskbar, type **Claude** and open the Claude app. Enter your **@mtc.nl** email address and click **Continue with email**.

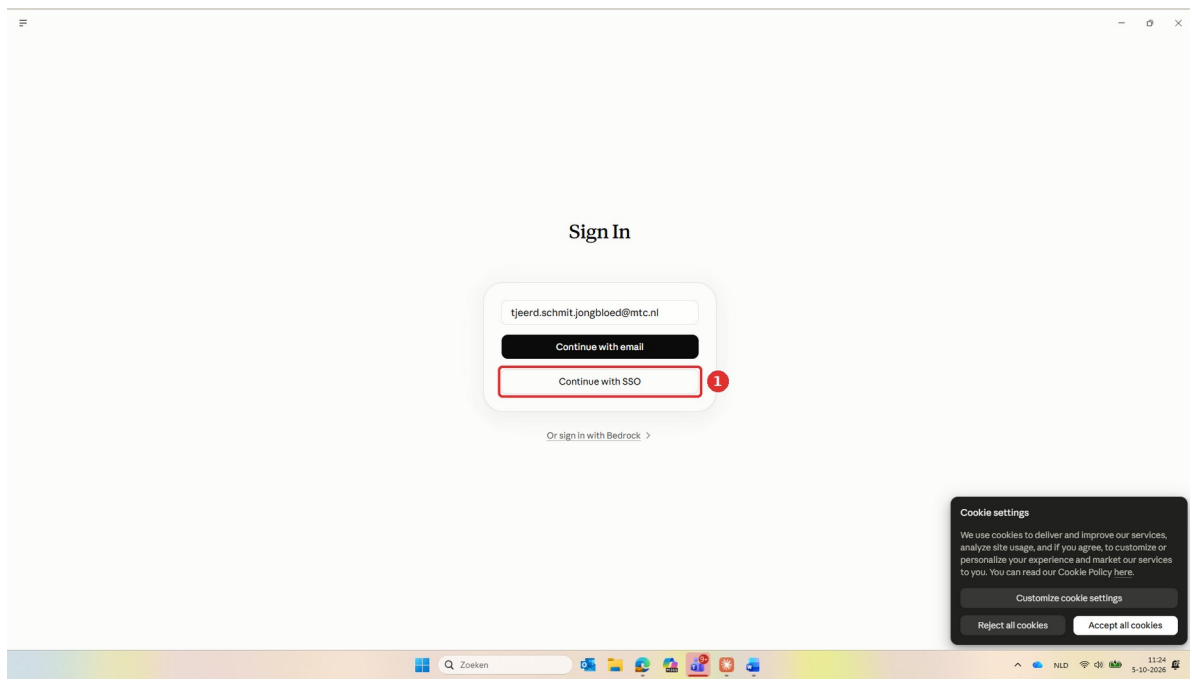
Click: **1** Search "Claude" **2** Your @mtc.nl email **3** Continue with email



2

Click **Continue with SSO** and log in with your MTc account.

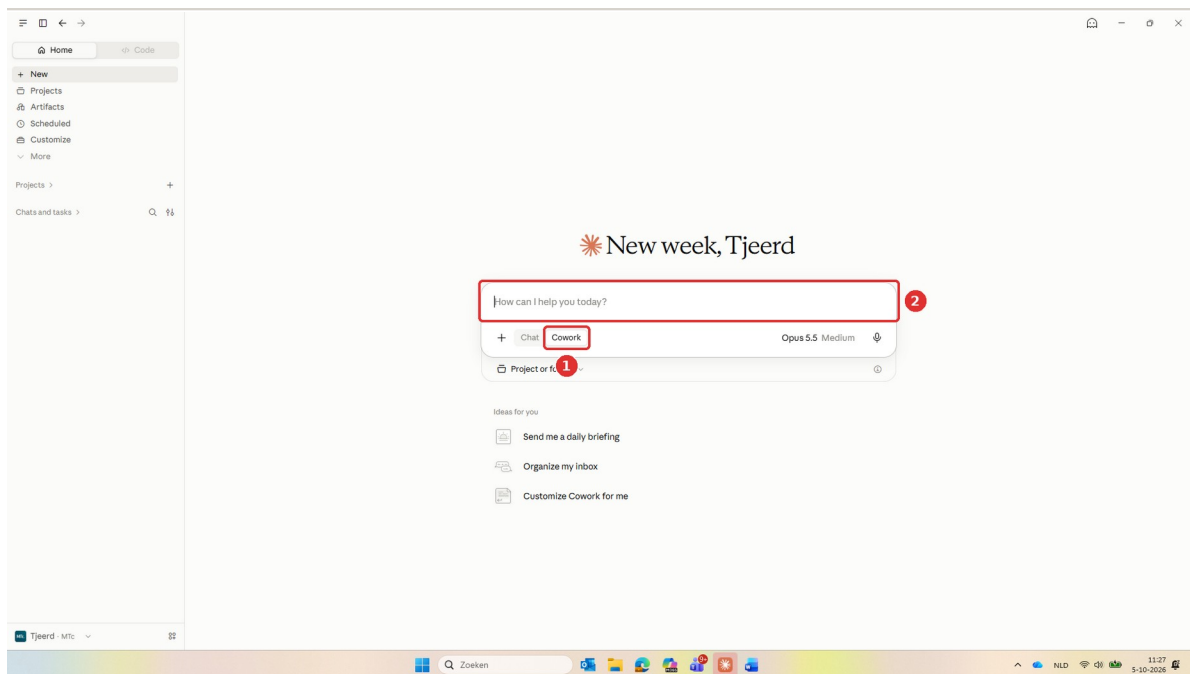
Click: **1** Continue with SSO



3

You're signed in! To start a task, select **Cowork** and describe in the message box what you want Claude to do.

Click: **1** Cowork **2** Describe your task



You're ready to go 🎉
Happy Coworking with Claude!